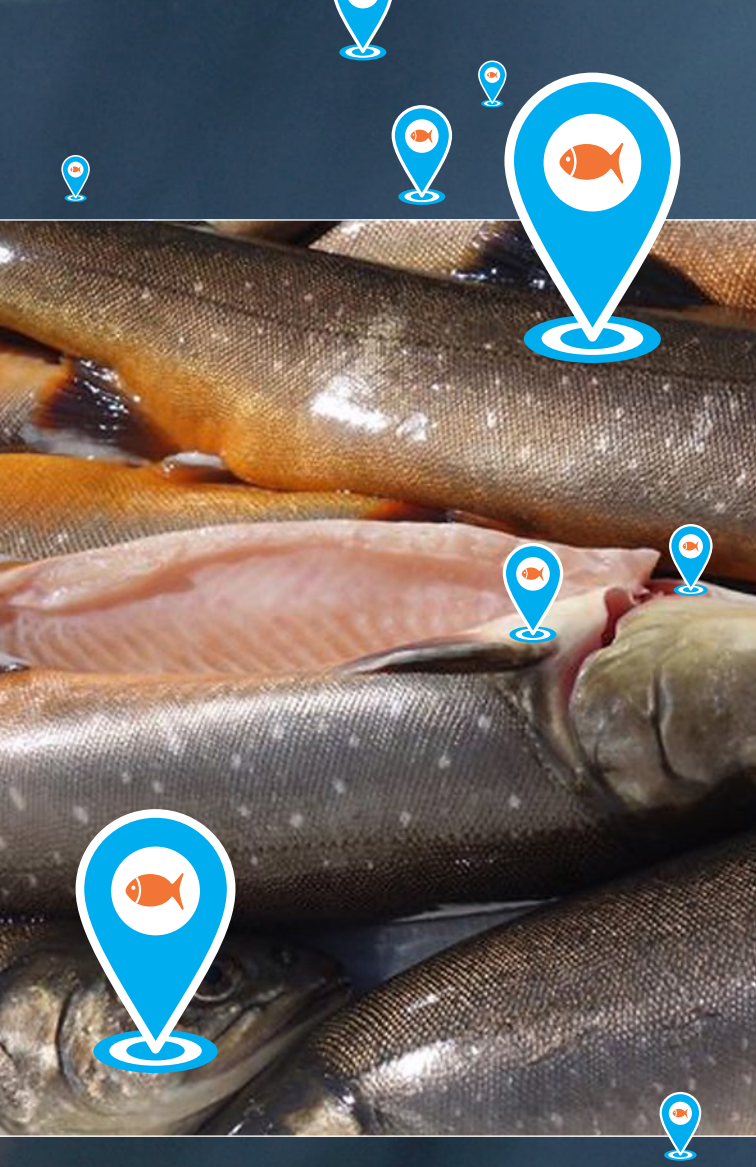


Fish Served Here

A Guide to Estonia's Speciality Restaurants and Other Fine Eateries With Fish on the Menu

Some Estonians choose fish over meat whenever they can, but a greater number get a seafood craving only from time to time. Fish has been consumed for millennia in the Estonian areas of settlement, but back when food was mainly seen as energy needed to power people through a day of work, fish was generally considered inferior to pork or beef, being two to four times less calorie dense. This was true not only of Estonia but all over Europe. Some species of fish, such as sturgeon, were highly prized and only graced the tables of the nobility, but overall, fish was regarded as poor people's food. Cod and herring (the latter in the local subspecies known as Baltic herring) were historically extremely important for feeding many different nations.

The world has changed. Work is less frequently performed with the muscles and more with the mind, and thus eating overly rich food can do harm instead of good. The concept of good food has also changed: the measure of quality is no longer whether it fills the belly but the amount and quality of flavour as well as the happiness it creates. And who wouldn't want more happiness in their life?

The health benefits of eating fish are beyond the scope of this introduction: they could fill a whole book and then some. But as just one important point, we should mention that studies conducted in the US and Finland show that people who eat little or no fish are more likely to suffer from depression and other affective disorders. As we live in a region that gets very little light in winter, it's also good to know that fish is a source of nutrients (such as vitamin D) that the human body can otherwise only synthesize from sunlight.

Photographs: Peipsimaa Kogukonnaköök (Lake Peipus Region Community Kitchen)

Estonia is a maritime country. Besides the seashores, Lake Peipsi is like our own inland sea. Because many people have negative associations with fish from Soviet times, it isn't certain that every restaurant serves good fish dishes. Because its flesh is more delicate and spoils faster, fish is not as convenient a source ingredient as pork, beef or poultry. As a result, it often gets left off menus or is represented by one or two token dishes. A related phenomenon is that chefs experienced in preparing meat dishes are not at all as adept at working with fish and often commit culinary atrocities either by overcooking or overseasoning.

This guide was put together to make it easier for fish lovers to find places they can be sure to enjoy good seafood prepared in a variety of styles. The restaurants are listed by county and all of them always serve at least three fish dishes. We figure that if a restaurant has at least three fish dishes on the menu, that should be enough to ensure that it isn't just some secondary ingredient sitting in the back room just in case someone orders fish, but important enough that it will devote proper care to its fish dishes and develop its chefs' skills. The restaurants weren't reviewed by us: we'll leave it up to diners to pass judgment on how tasty the dishes are. Nor are the price symbols based on an independent expert – they're the restaurants' own estimates.

Happy eating!

Vladislav Koržets
figurehead of Kalambuur Fish Café

Harju County ⇨ 4–7

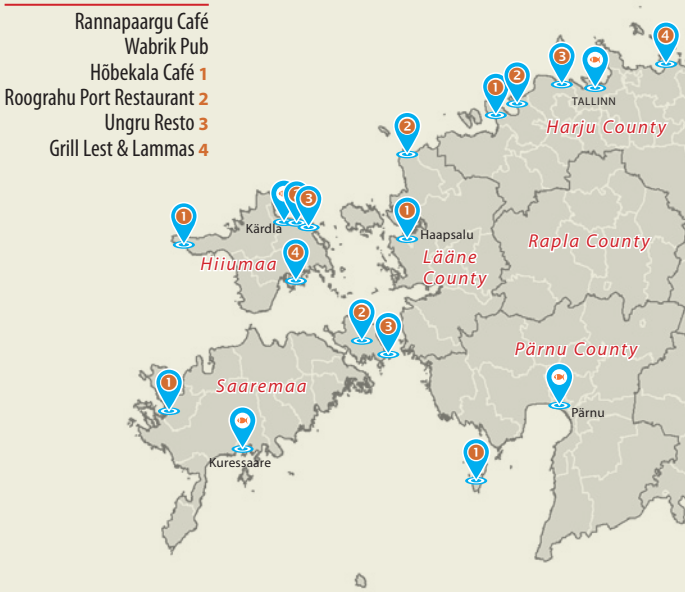
Pakri Parun Café 1
Verde 2
Wicca 2
Seller Family Restaurant 3
Ruhe 4
MerMer 5
Viinistu Restaurant & Bar 6

Lääne County ⇨ 21

Blu Holm 1
Dirhami Fish Café 2

Hiiumaa Island ⇨ 16–19

Rannapaargu Café
Wabrik Pub
Höbekala Café 1
Roograhu Port Restaurant 2
Ungru Resto 3
Grill Lest & Lammas 4



Saaremaa and Muhu Islands ⇨ 33–39

Arensburg Restaurants
Castello Restaurant & Pizzeria
Georg Ots Spa Hotel Restaurant
Ku-Kuu Restaurant at Kuressaare
Kuursaal
Mais
Vinoteek Prelude
Retro Café
Roomassaare Café
Saaremaa Spa Hotel Restaurants
Saaremaa Veski
Loona Manor Restaurant 1
Koost Muhu Resto 2
Viirelaid Lighthouse Keeper's Complex 3

Pärnu County ⇨ 28–33

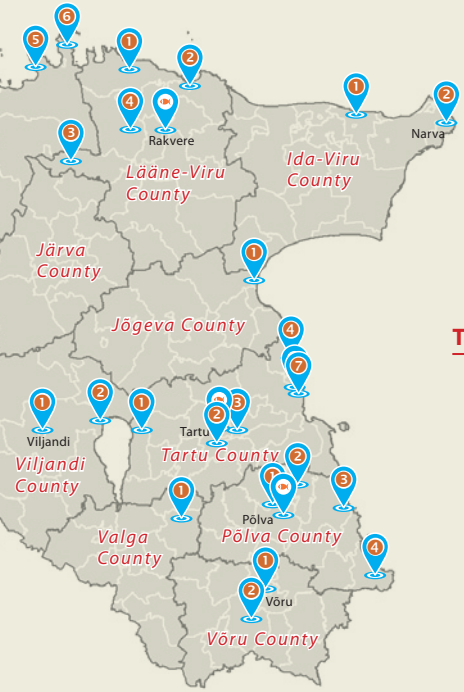
Ammende Villa Restaurant
BabyBack Ribs & BBQ Restaurant
Bum-Bum Pub
Café XS
Hea Maa Café & Restaurant
Mahedik Café
Piparmünt Café & Restaurant
Pärnu Kalamajakas Café
Strand Spa Hotel Restaurant
Pihlaka Homestay 1

Tallinn ⇨ 7–16

Apelsini Raudtee Resto
Balthasar Garlic Restaurant
Brasserie & Restoran Teletorn
CRU Restaurant
Gloria Wine Cellar
Grill 250°
Kalambuur Café
Kolm Sibulat
L'Ermitage
MEKK
Mixrestoran
NOA
Ristikhein Café
SALT
Sardiinid
Senso
Tuljak
Umami Resto

Lääne-Viru County ⇨ 22–24

Berliini Trahter
Rakvere Theatre Café
Sagadi Manor Restaurant 1
Blücher Café 2
Musta Täku Tall 3
Tristvere Maja Café 4



Ida-Viru County ⇨ 19–20

Mio Mare 1
Rondeel 2

Jõgeva County ⇨ 20

Ankur 1

Tartu County ⇨ 40–47

Dorpat Restaurant
Kapriis Café
Meat Market
Pierre Café & Restaurant
Püssirohukelder
Villa Margaretha
Ülikooli Kohvik Restaurant
Café & Lounge YliCool
Kiviranna 1
Tatra forellipüük 2
Kapteni Kelder 3
Alatskivi Castle Restaurant 4
Kivi Tavern 5
Maitseelamuse Koda 6
Mesi Tare Homestay 7

Viljandi County ⇨ 48

Fellin Café 1
Ruup 2

Valga County ⇨ 47

L.u.m.i Café & Restaurant 1

Võru County ⇨ 49

Gastropubi nr 17 1
Tindioru forellipüük 2

Põlva County ⇨ 25–28

Aal Café
Jäägri Pub
Pesa Hotel Restaurant
Taevaskoja Tourism and Holiday Centre 1
Mooste Distillery 2
Kiudoski Restaurant 3
Toomemäe Farm Restaurant Maagõkõnõ 4

MerMer

€€ and €€€

Jaaniranna talu, Kolga-Aabla
Kuusalu vald, 74717 Harjumaa
(+372) 513 4590

www.mermer.ee
merrit@mermer.ee

Open year round by advance arrangements

Saltwater fish à la MerMer

Pakri Parun Café

€€

Majaka tee 43, Paldiski
76806 Harjumaa
(+372) 5553 8880

www.pakri.eu
info@pakri.eu

1 May-30 September Mon-Sun 10:00-22:00
1 October-30 April Fri-Sun 11:00-19:00

Gustatory experiences in a place with a great view

Ruhe restoran

€€

Sadama tee 10, Neeme
Jõelähtme vald, 74226 Harjumaa (+372) 5627 9007

www.ruhe.ee info@ruhe.ee

1 May-1 September	Mon-Sun	13:00-22:00
5 September-30 April	Fri-Sun	13:00-22:00

Not far from Tallinn, Ruhe is a fish restaurant with a superb sea view where only the freshest dishes are served

Seller Family Restaurant

€€

Klooga mnt 6a, Tabasalu
Harku vald, 76901 Harjumaa (+372) 607 6096

www.restoranseller.ee restoranseller@gmail.com

Mon-Thu	11:00-22:00	Fri	11:00-23:00
Sat	12:00-23:00	Sun	12:00-22:00

The name of the game is a hut from which everyone takes a little piece home with them

Verde

€€€

Puhkekodu 4, Laulasmaa
Keila vald, 76702 Harjumaa
(+372) 687 0870

www.laulasmaa.ee/restoran-wicca
wicca@laulasmaa.ee

Mon-Thu 12:00-22:00
Fri-Sat 12:00-23:00 Sun 12:00-22:00

Verde possesses the experience, youthful courage, fleetness of foot and uncompromisingness of its elder sister Wicca

Viinistu Restaurant & Bar

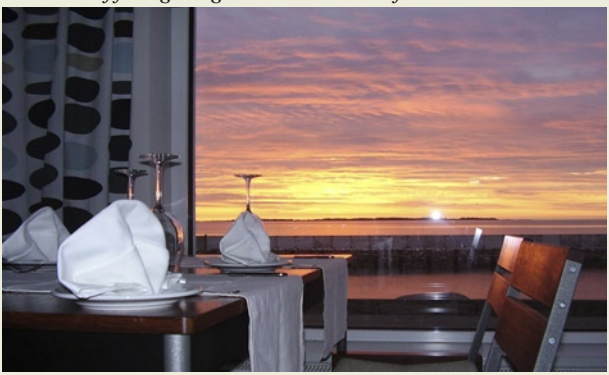
€€

Viinistu, Kuusalu vald
74701 Harjumaa
(+372) 5373 6446

www.viinistu.ee
raido@viinistu.ee

May-October Mon-Sun 12:00-19:00
November-April Fri-Sun 12:00-19:00

The secrets of fishing village cuisine in the heart of Lahemaa National Park



Wicca

€€€

Puhkekodu 4, Laulasmaa
Keila vald, 76702 Harjumaa

(+372) 687 0870

www.laulasmaa.ee/restoran-wicca

wicca@laulasmaa.ee

Mon-Thu 17:00-22:00
Fri 17:00-23:00 Sat 12:00-23:00 Sun 12:00-22:00

Laulasmaa Spa's à la carte-restaurant Wicca offers a little mystery and white magic in every bite

Apelsini Raudtee resto

€€

Kopli 3, Tallinn
10412 Harjumaa

(+372) 5333 2941

www.apelsiniraudtee.ee

info@apelsiniraudtee.ee

Mon-Sun 12:00-23:00

The chef de cuisine's dishes, honed to perfection, reveal natural and pure flavours

Balthasar Garlic Restaurant €€

Raekoja plats 11, Tallinn
10146 Harjumaa
(+372) 627 6400

www.balthasar.ee balthasar@balthasar.ee

Mon-Sun 12:00-24:00

Brasserie & Restaurant Teletorn €€€

Kloostrimetsa tee 58a, Tallinn
15026 Harjumaa
(+372) 5815 0020

www.teletorn.ee restoran@teletorn.ee

Mon-Sun 10:00-18:00, 19:00-23:00

Brasserie & Restaurant Teletorn is on the 22nd floor of the Tallinn TV Tower, 175 metres off the ground, offering an exciting melange of Japanese freshness, Asian fire, French traditions, the finest Estonian ingredients and passion for culinary culture

CRU Restaurant

€€

Viru 8, Tallinn
10140 Harjumaa
(+372) 614 0085

www.crurestoran.eu
info@crurestoran.eu

Mon-Sun 12:00-23:00

Natural gastronomy

Gloria Wine Cellar

€€

Müürivahe 2, Tallinn
10146 Harjumaa
(+372) 640 6804

www.gloriaveinikelder.ee
vein@gloria.ee

Mon-Sat 12:00-23:00

An historical atmosphere, extensive wine selection and love of good food make Gloria Wine Cellar the place where time stops for enjoyment

Grill 250°

€€

Paldiski mnt 4, Tallinn
10149 Harjumaa

(+372) 628 8153

www.facebook.com/restoranGrill250/

Mon-Fri 15:00-23:00 Sat-Sun 13:00-23:00

Lightly smoky aromas and juicy cuts of meat packed with flavour will keep you coming back to Grill 250° time again

Kalambuur Café

€€

Toompuiestee 8, Tallinn
10137 Harjumaa

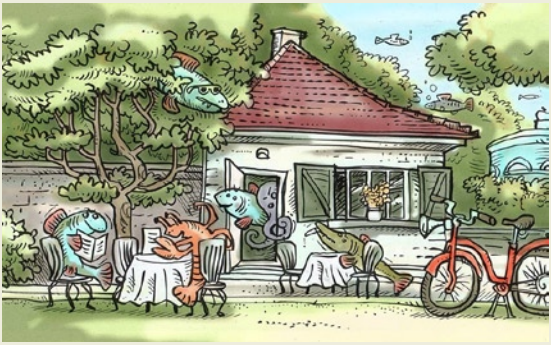
(+372) 5669 4194

www.kalambuur.ee

kalambuur@kalambuur.ee

Mon-Fri 17:00-22:00 Sat 12:00-22:00 Sun 12:00-20:00

Kalambuur Café is a cute little café owned and operated by the Koržets family in the corner of Hirvepark. Our passion is fish and we wouldn't think of not serving it



Kolm Sibulat

€€

Telliskivi 2, Tallinn
10611 Harjumaa

(+372) 664 4055

www.kolmsibulat.eu

sibulad@kolmsibulat.eu

Mon-Sat 12:00-23:00 Sun 13:00-21:00 Closed in July

Kolm Sibulat is right between fast and slow food, equidistant but combining the best of each

L'Ermitage

€€

Toompuiestee 19, Tallinn
10137 Harjumaa

(+372) 699 6400

www.lermitagehotel.ee

info@lermitagehotel.ee

Mon-Sun 12:00-23:00

Our à la carte-restaurant L'Ermitage is one of the few fine dining entries on Tallinn's fast-developing and trend-conscious culinary restaurant scene, with a menu that includes the European classics

MEKK

€€

Suur-Karja 17, Tallinn
10148 Harjumaa

(+372) 680 6688

www.mekk.ee

info@mekk.ee

Mon-Fri 12:00-23:00 Sat 17:00-23:00

The name MEKK is the Estonian-language acronym for Modern Estonian Culinary Art and also means "taste"

Mixrestoran

€€€

Vana-Posti 11/13, Tallinn
10146 Harjumaa

(+372) 622 0998

www.mixrestoran.ee

info@mixrestoran.ee

Mon-Sun 12:00-23:00

They say everything brilliant is simple. Fusion cuisine is genius but not everything is so simple

NOA Restaurant

€€

Ranna tee 3, Tallinn
12112 Harjumaa

(+372) 508 0589

www.noaresto.ee

noa@noaresto.ee

Mon-Thu 12:00-23:00 Fri-Sat 12:00-24:00
Sun 12:00-22:00

Eat and savour life's goodness

Ristikhein Café

€€

Ristiku 57, Tallinn
10320 Harjumaa

(+372) 660 1701

www.ristikheinakohvik.ee

ristikheinakohvik@hotmail.com

Mon-Fri 8:00-21:00 Sat 9:00-21:00 Sun 9:00-19:00

Sweeten your kiss at Ristikhein!

SALT

€€

Vase 14, Tallinn
10125 Harjumaa

(+372) 518 8510

www. saltrestoran.ee

info@saltrestoran.ee

Tue-Fri 12:00-14:00, 17:00-22:30 Sat 17:00-22:30

Progressive social food and extreme fusion

Sardiinid

€€

Regati pst 1 / Purje 9, Tallinn
(Pirita TOP yacht club building no. 1)

(+372) 660 6960

www.sardiinid.ee

restoran@sardiinid.ee

Mon-Thu 11:00-22:00 Fri-Sat 11:00-23:00
Sun 11:00-22:00

On our morning sun and sunset terrace, you can forget everything else for a second, discover the historical Pirita harbour and enjoy the flavours and aromas of the kitchen

Senso

€€

Liivalaia 33, Tallinn
10118 Harjumaa

(+372) 631 5870

www.restoransenso.ee

senso@radissonblu.com

Mon-Thu, Sun 12:00-23:00 Fri-Sat 12:00-23:30

Cosy restaurant with Mediterranean influences; menu has something for everyone

Tuljak

€€

Pirita tee 26e, Tallinn
10127 Harjumaa

(+372) 5302 2020

www.tuljak.ee

tuljak@tuljak.ee

Mon-Thu 12:00-23:00 Fri-Sat 12:00-24:00
Sun 12:00-22:00

Eat and enjoy life

Umami Resto

€€

Kadaka tee 141, Tallinn
12615 Harjumaa

(+372) 600 1035

www.umamiresto.ee

info@umamiresto.ee

Fri-Sat 12:00-22:00 Mon-Thu, Sun 12:00-21:00

Umami is the fifth taste, and this restaurant stands for rich enjoyment of flavour. Our passion is colour-filled food, made from quality, fresh and seasonal ingredients

Hõbekala Café

€€

Kalana, Hiiu vald
92230 Hiiumaa

(+372) 5667 4008

www.hobekala.ee

info@hobekala.ee

22 June-21 August Mon-Sun 12:00-21:00

At the end of the earth there's a café...

Grill Lest & Lammas

€€

Kassari, Käina vald
92111 Hiiumaa

(+372) 469 7169

www.kassarikeskus.ee

info@kassarikeskus.ee

13 May-16 June	Mon-Sun 12:00-20:00
17 June-14 August	Mon-Sun 12:00-22:00
15-27 August	Mon-Sun 12:00-21:00

September-April by advance arrangement

Authentic flavours and local food

Rannapaargu Café

€€

Lubjaahju 3, Kärdla
92411 Hiiumaa

(+372) 463 2053

www.rannapaargu.ee

info@rannapaargu.ee

Mon-Fri 11:30-18:00 Sat 10:30-16:00 Sun 10:30-15:00

Rannapaargu will sustain body and spirit

Roograhu Port Restaurant

€€

Roograhu, Hiiessaare
92335 Hiiumaa

(+372) 463 6609
(+372) 5306 6225

www.roograhu.ee

info@roograhu.ee

15 May-15 September Mon-Sun 12:00-21:00
16 September-14 May Mon-Thu 12:00-18:00
Fri 12:00-21:00 Sat 12:00-24:00

Enjoy a sea view and local flavour. Let's meet at the Port of Roograhu!

Ungru Resto

€€

Suursadam, Suuresadama
Pühalepa vald, 92346 Hiiumaa

(+372) 5553 1230

www.ungrumaja.ee

info@ungrumaja.ee

27 May-21 August Mon-Sun 11:30-23:00
From October to May, the restaurant is open only during special events

Superb flavours in a superb atmosphere

Wabrik Pub

€€

Vabaduse 15, Kärdla
92411 Hiiumaa

(+372) 463 1040

www.facebook.com/wabrikpubi/

info@wabrik.ee

Mon-Thu, Sun 12:00-23:00 Fri-Sat 12:00-02:00

Open year-round, Wabrik is Hiiumaa Brewery's pub. Get a satisfying bellyful of local food and the finest beer, and mingle with mainland folk during the week and, on weekends, more Hiiu natives

Mio Mare

€€

Ranna 12, Toila
41702 Ida-Virumaa

(+372) 334 2916

www.toilaspa.ee

miomare@toilaspa.ee

Mon-Thu, Sun 12:00-23:00 Fri-Sat 12:00-01:00

Mio Mare is a cosy à la carte-restaurant and the place to see and be seen with a capacity of 120. Be it a business luncheon, family time or a fun night out, Mio Mare is there for you every day of the week

Rondeel

€€

Peterburi mnt 2, Narva
20308 Ida-Virumaa

(+372) 359 9250

www.facebook.com/Rondeelrestoran/

rondeel@narvamuuseum.ee

Mon-Sun 12:00-23:00

The easternmost restaurant in the European Union serves up flavours from the Narva River and the surrounding forests and fields

Ankur

€

Tartu 5, Mustvee
49603 Jõgevamaa

(+372) 523 2069
(+372) 776 2707

www.ankur.ee

info@ankur.ee

In summer Mon-Sun 11:00-21:00
Autumn to spring Mon-Sat 11:00-18:00

The best fish comes from Ankur!

Blu Holm

€€

Sadama 9/11, Haapsalu
90502 Läänemaa

(+372) 506 8652
(+372) 472 4416

www.bluholm.ee

bluholm@bluholm.ee

Mon-Thu 12:00-23:00 Fri-Sat 12:00-24:00
Sun 12:00-22:00

Our chefs have ensured that Blu Holm is every gourmet diner's favourite

Dirhami Fish Café

€€

Dirhami sadam, Dirhami
Noarootsi vald, 91214 Läänemaa

(+372) 512 8800

www.dirhami.ee

info@dirhami.ee

June-August Mon-Sun 11:00-23:00
September-May Thu-Sat 12:00-21:00 Sun 11:00-18:00

Dirhami fish café. Flavours and the sea. Lovely

Berliini Trahter

€€

Lai 15, Rakvere
44308 Lääne-Virumaa
(+372) 5696 6999

www.berliinitrahter.ee
info@berliinitrahter.ee

In summer Mon-Sun 11:00-01:00
Autumn to spring Mon-Thu 11:00-24:00
Fri-Sat 11:00-01:00 Sun 11:00-22:00

The place with a special feeling!

Blücher Café

€

Lontova tee 2, Kunda
44109 Lääne-Virumaa
(+372) 5360 6666

www.lontovaseikluspark.eu
info@lontovaseikluspark.eu

Mon-Sun 12:00-19:00

Adventurous flavours

Musta Täku Tall

€€

Jäneda
73602 Lääne-Virumaa (+372) 384 9763

www.janedaturism.ee info@janedaturism.ee

In summer	Mon-Thu, Sun	10:00-20:00
	Fri-Sat	10:00-21:00
Autumn to spring	Mon-Sun	10:00-19:00

A unique ambience, tasty dishes and hospitable hosts are always there for you

Sagadi Manor Restaurant

€€

Sagadi, Vihula vald
45403 Lääne-Virumaa (+372) 676 7888

www.sagadi.ee sagadi@rmk.ee

In summer	Mon-Sun	12:00-22:00
Autumn to spring	Mon-Sun	12:00-20:00

500 years of hospitality

Rakvere Theatre Café €€

Kreutzwaldi 2a, Rakvere
44314 Lääne-Virumaa (+372) 329 5420

www.rakvereteater.ee kohvik@rakvereteater.ee

Mon-Sun 9:00-23:00, food served 11:30-17:00

A tasty and pleasant environment—enjoy quality time with loved ones at Rakvere Theatre Café

Tristvere Maja Café €€

Viitna tee 10, Kadrina
45201 Lääne-Virumaa (+372) 515 6451

www.tristvere.ee tristvere@gmail.com

Mon-Thu, Sun 11:00-20:00 Fri-Sat 11:00-24:00

Every day, cosy Tristvere Café offers its customers fresh Estonian-sourced dishes prepared from scratch on the premises

Aal Café

€€

F. Tuglase 2, Põlva
63308 Põlvamaa

(+372) 799 4333
(+372) 5351 9204

www.aal.ee

info@aal.ee

In summer	Mon-Sat 10:00-19:00	Sun 10-17
Autumn to spring	Mon-Sat 10:00-17:00	

Café in the centre of Põlva—good food and a scenic view of the city's lake await you

Jäägri Pub

€€

Jaama 16, Põlva
63308 Põlvamaa

(+372) 799 5110
(+372) 5351 9204

www.aal.ee

info@aal.ee

In summer	Mon-Thu	10:00-21:00	Fri	10:00-24:00
	Sat	11:00-24:00	Sun	11:00-21:00
Autumn to spring	Mon-Thu	10:00-19:00	Fri	10:00-22:00
	Sat	11:00-22:00	Sun	11:00-19:00

A bellyful of good food guaranteed

Kiudoski €€

Tartu mnt 2, Räpina
64505 Põlvamaa (+372) 730 0460

www.rapinahotell.ee info@rapinahotell.ee

Tue-Sun 13:00-21:00, by arrangement at other times

Inspiration for Kiudoski Restaurant's menu came from the colourful history of the Räpina area and it's combined with classic European cuisine and local particularities

Toomemäe Farm Restaurant Maagõkõnõ €€

Toomemäe talu, Saabolda
Värska vald, 64021 Põlvamaa (+372) 5341 8777

toomemaetalu@gmail.com

All year round by advance arrangements

Our farm restaurant Maagõkõnõ is open and awaits to take you on an exciting flavour safari

Mooste Distillery €€

Mooste, Mooste vald
64616 Põlvamaa (+372) 5851 4007

www.viinavabrik.ee info@viinavabrik.ee

All year around by advance arrangements

Greener life in Põlva County

Pesa Hotel Restaurant €€

Uus 5, Põlva
63308 Põlvamaa (+372) 5622 2881

www.kagureis.ee broneering@kagureis.ee

Mon-Sun 7:30-24:00

A solid choice with local dishes and a place to bring guests from abroad, meet business partners or celebrate a special occasion

Taevaskoja Tourism and Holiday Centre €€

Neitsikoopa tee 10, Taevaskoja
63229 Põlvamaa

(+372) 515 9870
(+372) 520 2223

www.taevaskoja.ee

info@taevaskoja.ee

All year round by advance arrangements

We prefer to use local farm-sourced ingredients. All dishes are prepared from fresh ingredients in our own kitchen. We don't use processed food products

Ammende Villa Restaurant €€ ja €€€

Mere pst 7, Pärnu
80017 Pärnumaa

(+372) 447 3887

www.ammende.ee

sale@ammende.ee

Mon-Thu 12:00-22:00 Fri-Sat 12:00-23:00
Sun 12:00-21:00

Our kitchen is characterized by the simple word "dance". It whirls like a waltz, captivating, engrossing and powerful: home-grown flavours and French and Mediterranean cuisines are impeccably intertwined

BabyBack Ribs & BBQ Restaurant €€

Papiniidu 8/10, Pärnu , 80042 Pärnumaa
(2nd floor of the department store) (+372) 442 2023

www.babyback.ee kaubamajakas@babyback.ee

Mon-Sun 10:00-20:00

American-style family restaurant

Bum-Bum Pub €€

Kuninga 1, Pärnu (+372) 608 0588
80011 Pärnumaa (+372) 516 7775

www.facebook.com/bumbumpubi/ bumbumpubi@gmail.com

Mon-Thu 11:00-23:00 Fri 11:00-02:00
Sat 12:00-02:00 Sun 12:00-22:00

Home-style and flavoursome dishes every day

Café XS

€€

Munga 2, Pärnu
80010 Pärnumaa

(+372) 443 1316

www.cafexs.ee

uuskohvik@gmail.com

Mon-Thu, Sun 9:00-21:00 Fri-Sat 9:00-24:00

All the best for our guests

Hea Maa Café & Restaurant

€€

Nikolai 3 / Uus 4, Pärnu
80010 Pärnumaa

(+372) 5343 5858

www.heamaa.ee

kohvikheamaa@gmail.com

Tue-Sat 15:00-23:00

We blend the best that fresh and domestic food has to offer

Mahedik Café

€€

Pühavaimu 20, Pärnu
80011 Pärnumaa

(+372) 442 5393
(+372) 503 4763

www.mahedik.ee

info@mahedik.ee

In summer	Mon-Thu	10:00-22:00	
	Fri-Sat	10:00-24:00	Sun 10:00-21:00
Autumn to spring	Mon-Thu	10:00-21:00	
	Fri-Sat	10:00-23:00	Sun 10:00-20:00

What's growing in the fields in the morning makes it to the table by lunch

Pihlaka Homestay

€€

Pihlaka, Linaküla
Kihnu vald, 88003 Pärnumaa

(+372) 52 88258

www.pihlakamajutus.ee

info@pihlakamajutus.ee

1 May-30 September Mon-Sun 12:00-20:00

Fish is what shapes Pihlaka's flavours

Piparmünt Café & Restaurant €€

Papli 13, Pärnu
80012 Pärnumaa (+372) 442 5736

www.kurgovilla.ee/restoran kurgovilla@kurgovilla.ee

In summer
Mon-Sun 12:00-23:00

Autumn to spring
Mon-Thu, Sun 12:00-21:00
Fri-Sat 12:00-23:00

It's too good not to share!

Pärnu Kalamajakas Café €€

Suur-Sepa 18, Pärnu
80018 Pärnumaa (+372) 5685 4800

www.kalamajakas.ee kohvik@kalamajakas.ee

Mon-Thu, Sun 9:00-21:00 Fri-Sat 9:00-22:00

At our café, even people who aren't crazy about fish will come to love it. Seafood from Lake Peipsi to Asia

Strand Spa Hotel Restaurant

€€

A. H. Tammsaare pst 35, Pärnu
80010 Pärnumaa

(+372) 447 5398
(+372) 447 5389

www.strand.ee

sales@strand.ee

Mon-Thu, Sun 12:00-22:00 Fri-Sat 12:00-23:00

We offer options for different preferences and wishes: our menu has tasty and healthy salads, meat and fish dishes made from local raw ingredients and refreshing summer desserts

Arensburg Restaurants

€€

Lossi 15, Kuressaare
93816 Saaremaa

(+372) 452 4707

www.arensburg.ee

restoran@arensburg.ee

In summer	Mon-Thu, Sun	12:00-23:00
	Fri-Sat	12:00-23:00
Autumn to spring	Mon-Thu, Sun	12:00-22:00
	Fri-Sat	12:00-23:00

Arensburg's menu was inspired by classic European cuisine. The restaurant has been awarded the title of best service enterprise in Saaremaa and the title of Saaremaa wine culture developer

Castello Restaurant & Pizzeria €€

Lossi 11, Kuressaare
93819 Saaremaa (+372) 655 5700

www.castello.ee aive@castello.ee

In summer	Mon-Sun	11:30-24:00		
Autumn to spring	Mon-Thu	11:30-22:00	Fri	11:30-24:00
	Sat	12:00-24:00	Sun	12:00-19:00

Life's colours are brighter when you eat good food

Georg Ots Spa Hotel Restaurant €€

Tori 2, Kuressaare
93810 Saaremaa (+372) 455 0000

www.gospa.ee info@gospa.ee

Mon-Sun 12:00-23:00

We believe food is enjoyment and preparing food is the joy of creation. Chef Alar Aksalu

Koost Muhu Resto €€

Liiva, Muhu vald
94701 Saaremaa (+372) 503 3945

www.koost.ee resto@koost.ee

In summer Mon-Sun 11:00-23:00
Autumn to spring Fri-Sat 11:00-23:00 Sun 11-21
On weekdays, Keok and Moes Café is open

Fish is indispensable on Muhu Island

Ku-Kuu Restaurant at Kuressaare Kuursaal €€

Lossipark 1, Kuressaare
93815 Saaremaa (+372) 453 9749

www.kuressaarekuursaal.ee info@kuressaarekuursaal.ee

Open from May to the second week of September Mon-Sun 11:00-22:00

The best selection of local fish in these parts

Loona Manor Restaurant €€

Loona, Kihelkonna vald
93431 Saaremaa (+372) 5347 6336

www.loonamanor.ee info@loonamanor.ee

May-September Mon-Sun 12:00-22:00
By advance arrangement at other times

Simple, true to nature and cool: purely to be enjoyed!

Mais €€

Tolli 7, Kuressaare
93813 Saaremaa (+372) 666 1834

www.mais.ee booking@mais.ee

Mon-Thu 12:00-22:00 Fri-Sat 12:00-23:00

Situated right near Kuressaare's castle park, Mais is a restaurant offering a Nordic taste experience. We focus on local ingredients and cultural events

Vinoteek Prelude

€€

Lossi 4, Kuressaare
93819 Saaremaa

(+372) 453 3407
(+372) 527 3614

www.prelude.ee

vinoteekprelude@gmail.com

Mon-Sun 16:00-24:00

The freshest fish from local waters and the island's most intriguing wine selection add up to timeless enjoyment

Retro Café

€€

Lossi 5, Kuressaare
93819 Saaremaa

(+372) 5683 8400

www.facebook.com/kohvikretro

info@kohvikretro.ee

Mon-Thu 12:00-22:00 Fri-Sat 12:00-24:00
Sun 12:00-20:00

Flavour experiences that never get old

Roomassaare Café €€

Roomassaare tee 12, Kuressaare
93815 Saaremaa

(+372) 453 3947
(+372) 5556 8957

www.roomassaarekorts.ee info@toitlustuspartner.ee

May-September Mon-Sun 9:00-22:00

A 360-degree sea view and locally sourced ingredients. Roomassaare Café is a bit of authentic Saaremaa

Saaremaa Spa Hotel Restaurants €€

Pargi 12 ja 16, Kuressaare
93810 Saaremaa

(+372) 452 2100
(+372) 454 8100

www.saaremaaspahotels.eu info@saaremaaspahotels.eu

Mon-Sun around the clock

Spas on the seashore

Saaremaa Veski €€

Pärna 19, Kuressaare
93814 Saaremaa (+372) 453 3776

www. saaremaaveski.ee veski@saaremaaveski.ee

Mon-Thu, Sun 12:00-22:00 Fri-Sat 12:00-24:00

Kuressaare's oldest restaurant is set in a distinctive windmill that offers patrons classic Saaremaa food and drink

Viirelaid Lighthouse Keeper's Complex €€

Viirelaid, Muhu
94713 Saaremaa (+372) 5454 2020

www.viirelaid.ee info@viirelaid.ee

Mon-Sun 12:00-23:00

The island where time itself holidays

Alatskivi Castle Restaurant €€

Lossi 10, Alatskivi
60201 Tartumaa (+372) 5303 2485

www.lossirestoran.eu altskivi@lossirestoran.eu

May-September Mon-Sun 12:00-21:00
October-April Mon-Sun 12:00-18:00

Based on the history of the castle, dishes are served in three styles: manor cuisine, Estonian cuisine and Scottish cuisine

Dorpat Restaurant €€

Soola 6, Tartu
51013 Tartumaa (+372) 733 7180

www.dorpat.ee info@dorpat.ee

Mon-Thu, Sun 12:00-22:00 Fri-Sat 12:00-23:00

With a view of the River Emajõgi, Dorpat Restaurant in Tartu always offers the best selection of Estonian and international cuisine

Kapriis Café

€€

Raekoja plats 9, Tartu
51004 Tartumaa

(+372) 734 1166

www.kapriis.ee

kapriis@kapriis.ee

Mon-Thu, Sun 11:00-23:00 Fri-Sat 11:00-02:00

Good flavour always guaranteed

Kapteni Kelder

€€

Puiestee 8, Luunja
62222 Tartumaa

(+372) 5855 5004

www.kaptenikelder.ee

info@kaptenikelder.ee

May-September Tue-Thu 12-20 Fri-Sat 12-24 Sun 12-18
October-April Thu 12-20 Fri-Sat 12-24 Sun 12-18

Kapteni Kelder—good food, pub excitement and scenic environs in Luunja, just 10 km from central Tartu

Kivi Tavern

€€

Tartu mnt 2, Alatskivi
60201 Tartumaa

(+372) 506 7605

www.kivikorts.ee

info@kivikorts.ee

In summer	Mon-Sun	10:00-22:00
Autumn to spring	Mon-Fri	10:00-16:00
	Sat-Sun	11:00-18:00

A meeting spot that fills you up

Kiviranna

€€

Urinurga, Suure-Rakke
Rannu vald, 61113 Tartumaa

(+372) 529 8561

www.kiviranna.ee

kiviranna@kiviranna.ee

May-August

Lake holiday on the stony shores of Lake Võrtsjärv

Maitseelamuse Koda

€€, €€€

Lombi talu, Põldmaa
Vara vald, 60417 Tartumaa
(+372) 5393 4648

www.facebook.com/maitseelamuse
maitseelamuse.koda@gmail.com

All year round with advance arrangement

We offer at least one new flavour experience every day

Meat Market

€€

Küütri 3, Tartu
51007 Tartumaa
(+372) 653 3455

www.meatmarket.ee
info@meatmarket.ee

Mon-Wed 12:00-24:00 Thu-Sat 12:00-02:00
Sun 12:00-21:00

Best restaurant 2016

Mesi Tare Homestay €€

Kesk 119, Varnja
Peipsiääre vald, 60305 Tartumaa (+372) 518 1125

www.mesitare.ee info@mesitare.ee

All year round by advance arrangement

Unique holiday house, the likes of which can't be found anywhere in the world

Pierre Café & Restaurant €€

Raekoja plats 12, Tartu
51004 Tartumaa (+372) 730 4680

www.pierre.ee tartu@pierre.ee

Mon-Thu 08:00-23:00 Fri 08:00-01:00
Sat 10:00-01:00 Sun 10:00-22:00

Püssirohukelder €€

Lossi 28, Tartu
51003 Tartumaa (+372) 730 3555

www.pyss.ee pyss@pyss.ee

Mon 12:00-24:00 Tue 12:00-01:00
Wed-Sat 12:00-02:00 Sun 12:00-22:00

Friends: eat, drink and be merry!

Tatra forellipüük (catch your own trout) €€

Tatra, Kambja vald
62029 Tartumaa (+372) 5308 1886

www.TatraForell.ee TatraForell@gmail.com

May-September Mon-Sun 12:00-21:00

Villa Margaretha

€€

Tähe 11, Tartu
50108 Tartumaa

(+372) 731 1820

www.margaretha.ee

info@margaretha.ee

Mon-Sat 8:00-22:00 Sun 8:00-18:00

The maiden of the manor wishes you bon appétit!

Ülikooli Kohvik Restaurant

€€

Ülikooli 20, Tartu
51007 Tartumaa

(+372) 518 0866

www.kohvik.ut.ee

kohvik@kohvik.ut.ee

Mon-Wed 12:30-16:00 Thu 12:30-21:00
Fri-Sat 12:30-24:00

Restaurant for thinking people

Café & Lounge YliCool

€€

Ülikooli 8, Tartu
51003 Tartumaa

(+372) 483 3390

www.ylicool.ee

info@ylicool.ee

Mon-Thu 12:00-22:00 Fri-Sat 12:00-24:00
Sun 12:00-21:00

Don't be just cool, be YliCool!

L.u.m.i Café & Restaurant

€€

Munamäe 8, Otepää
67403 Valgamaa

(+372) 742 4020
(+372) 5860 8004

www.lumikohvik.ee

kohvik@lumikohvik.ee

Mon-Thu 12:00-20:00 Fri-Sat 12:00-23:00
Sun 12:00-19:00

Your new source of adventure

Fellin Café

€€

Kauba 11 / Tasuja plats 1, Viljandi
71011 Viljandimaa (+372) 435 9795

www.kohvikfellin.ee info@kohvikfellin.ee

September-April
Tue-Wed 12-22
Thu-Sat 12-23
Sun 12-19

May-August
Mon, Sun 12-19
Tue-Thu 12-23
Fri-Sat 12-24

Kitchen closes at 22:00 Tue-Sat

Fellin — the one with the blue door

Ruup

€€

Oiu sadam, Oiu
Kolga-Jaani vald, 70317 Viljandimaa (+372) 506 6426

www.restoruup.ee info@oiusadam.ee

1 May-31 August Mon-Sun 12:00-20:00

Authentic Võrtsjärv flavours

Gastropubi nr 17 €€

Jüri 17, Võru
65609 Võrumaa (+372) 785 8588

www.pubi17.ee info@pubi17.ee

Mon-Thu 11:00-24:00 Fri-Sat 11:00-02:00
Sun 11:00-22:00

Your best pub...

Tindioru forellipüük (catch your own trout) €€

Tindioru talu, Tindi
Rõuge vald, 66298 Võrumaa (+372) 503 2060

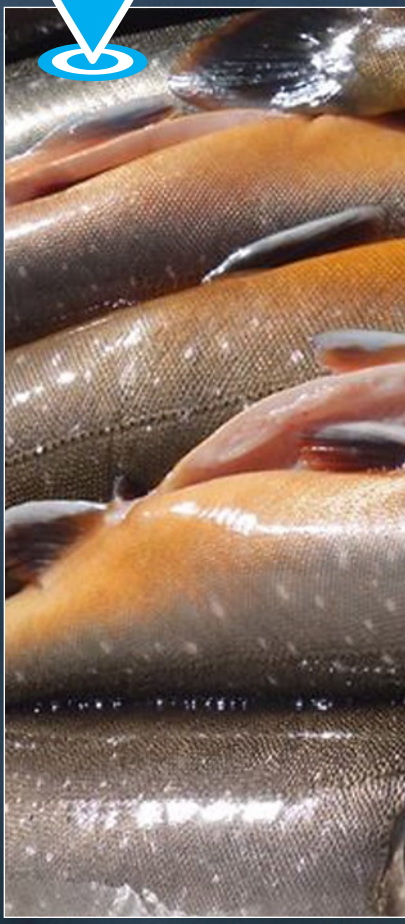
tindioruforell@hot.ee

1 May-30 September

Trout raised in pure spring water

This guide was put together to make it easier for fish lovers to find places they can be sure to enjoy good seafood prepared in a variety of styles. Restaurants are listed by county and all of them always serve at least three fish dishes. We figure that if a restaurant has at least three fish dishes on the menu, that should ensure that it isn't just some secondary ingredient, but important enough that it will devote proper care to its fish dishes and develop the chefs' skills. The restaurants weren't reviewed by us: we'll leave it up to diners to pass judgment on how tasty the dishes are. Neither are the price symbols based on an independent expert – they're the restaurants' own estimates.

Vladislav Koržets



Arctic char (*Salvelinus alpinus*)
© Peipsimaa Kogukonnaköök (Lake Peipus Region Community Kitchen)

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Kalanduse teabekeskus
www.kalateave.ee

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